## DOMESTIC VIOLENCE INFORMATION SHEET

## IF YOU ARE A VICTIM OF DOMESTIC VIOLENCE, THE FOLLOWING INFORMATION COULD SAVE YOUR LIFE

Violence in the family is a very serious problem. Many battered women suffer in silence and remain with their abusers for years. Without professional help, the problem rarely goes away. In fact, it usually gets worse, starting with insults and threats and progressing to slaps, shoves, and beatings. If the victim does NOT get professional help, the problem could end in serious injury or death.

## IN LOS ANGELES COUNTY, SERVICES ARE AVAILABLE TO HELP YOU WITH THE FOLLOWING:

Emergency Residential Services

Law Enforcement

Individual/Group Counseling

•Restraining Orders

•Mental Health

•Health & Medical Services

IF YOU WANT TO TALK TO SOMEONE DIRECTLY ABOUT YOUR OPTIONS, YOU CAN CALL THE FOLLOWING NUMBERS.

UTILIZING THESE SERVICES DOES NOT REQUIRE YOU TO LIVE AT THE SHELTER.

CENTRAL AND WEST LOS ANGELES		ANTELOPE VALLEY, PALMDALE & SANTA CLARITA	
Center for Pacific Asian Family	(323) 653-4042	Association to Aid Victims of Domestic Violence	(805) 259-4357
Chicana Services Action Center Free Spirit	(800) 548-2622 (323) 937-1312	Valley Oasis*	(805) 945-6736
Sojourn	(310) 264-6644	*This agency provides services for battere Oshun Village	(805) 727-1299
Good Shepherd Shelter	(323) 737-6111	SAN GABRIEL VALLEY & EAST LOS ANGELES	
SAN FERNANDO VALLEY		OAN GABRILL VALLET & LAGT LOG A	HOLLLO
Haven Hills	(818) 887-6589	East Los Angeles Shelter	(323) 268-7564
Tamar House	(818) 505-0900	Angel Step Inn	(562) 906-5060
	,	Haven House	(323) 681-2626
Glendale YWCA	(818) 242-1106	El Monte Youth Dev. Center	(818) 455-0026
SOUTH BAY			Pathways
1736 Family Crisis Center	(310) 379-3620 (310) 370-5902	Women & Children's Crisis Shelter	(562) 945-3939
Rainbow Services	(310) 547-9343	YWCA-WINGS	(626) 967-0658
Su Casa	(562) 402-4888	House of Ruth	(909) 988-5559
Women Shelter	(562) 437-4663		
SOUTH CENTRAL LOS ANGELES			
1736 Family Crisis Center	(213) 745-6434		
Jenesse Center	(323) 731-6500		
Peace and Joy Care Center	(310) 898-3117		
Dominguez Family Shelter	(310) 764-4022		

If you have concerns about Immigration issues, you can call:

Legal Aid Foundation of Los Angeles (800) 399-4529

CENTRAL AND WEST LOS ANGELES

Asian Pacific American Legal Center (213) 748-2022

ANTELODE VALLEY DALMDALE & CANTA CLADITA

These agencies are not contract agencies, but may be utilized for referrals.